

The Death Café is run by
Rosefield Uniting Church as a service to
the wider community, partly funded by a
City of Unley grant.
All welcome.



www.rosefield.ucasa.org.au admin@rosefield.ucasa.org.au

### Other comments from the 2023 sessions:

"I appreciated the effort to create a warm welcoming environment & the fab coffee & cake"

"Presented in a gentle and sensitive manner, speakers excellent"

"Found out legal information I wasn't aware of"

"Very thought provoking"

"Excellent speakers, covered lots of important information"

"All sessions were interesting & valuable, contributing to the need to be prepared"

"Good coffee, delicious food, especially scones"

## Dying to know?

- How to deal with the everpresent fear of our own mortality
- How non-denominational mental health experts, cultural leaders and scientists explore the meaning of death and how to live without fear



#### **Session 1**

10am-12.30pm Friday 9 August 2024 Café & Movie – "Death Makes Life Possible"

(Executive Producers Marilyn Schlitz and Deepak Chopra)

#### **Session 2**

10am-12.30pm
Friday 16 August 2024
Café & Discussion with a palliative care director and a lawyer (includes Advanced Care Directive information)

#### **Session 3**

10am-12.30pm Friday 23 August 2024 Café & Workshop - Planning your funeral

(with advice from a funeral director)

# All 3 sessions held at Rosefield Uniting Church 2 Carlton St Highgate.

\$15 per session or 3 sessions for \$40

"Last year my husband and I attended the Death Café sessions. Although we are reasonably aware folk, we found them to be most informative, very interesting and worthwhile. We felt empowered to re-visit our own plans to clarify our arrangements; this was put to the test later in the year when I faced my second round of open-heart surgery. This time, knowing that all my end-of-life arrangements were in place I went into the surgery with a sense of peace. Everything went well, and I feel that my own peace and readiness contributed to that outcome.

I would recommend attending the three sessions to anyone wanting to gain that kind of peace of mind.

Pamela."

#### **Registration form**

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